

# TECHNOGYM HOME WELLNESS

The Home Wellness concept was developed to encourage the pursuit of wellbeing and a healthy lifestyle in the home environment.

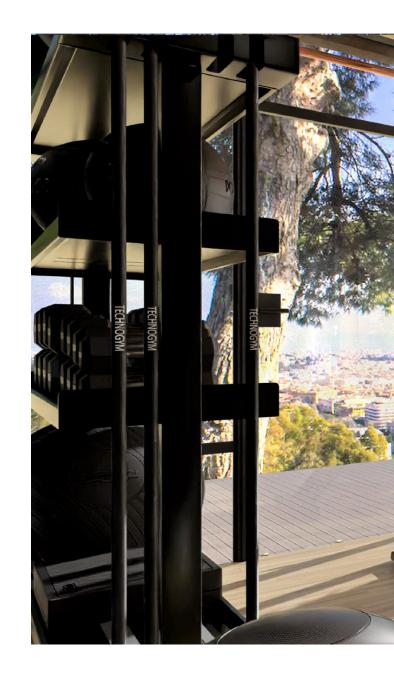
Technogym's philosophy is to combine design, attention to detail and elegant products to add value to interiors and create spaces that promote physical and mental balance. Home Wellness focuses on creating an environment for a better training and sport experience in the most treasured space: your home.

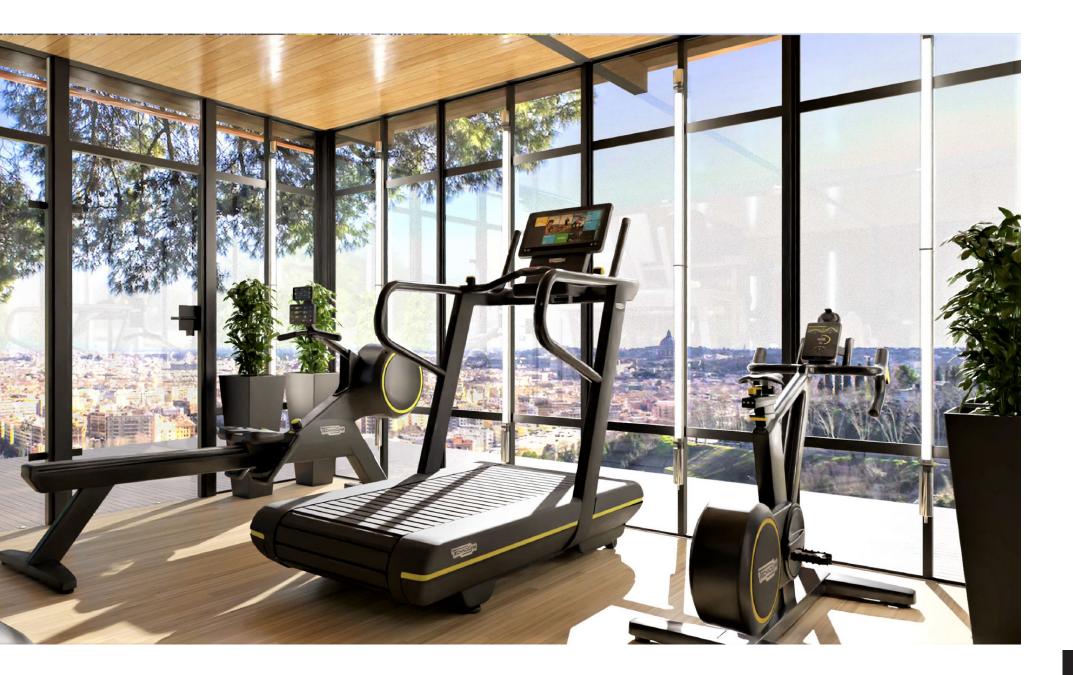
Regardless of the size of the project, Technogym Interior Designers ensure the design of the wellness space is coherent with the styling of the context of its placement, particularly in reference to the chromatic, tactile or decorative identity of the space. A visual representation of the space through 2D imaging and 3D renderings of the layout and materials is also offered as part of all projects.

# THE HOME ATHLETE

The client is an amateur athlete who desired to create a home gym to improve his daily performance. Technogym Wellness Expert recommended a combination of Skill line, free weights and Selection 700.

The Skill product family owes its sporty attitude to Technogym's partnership with Olympic athletes. Its bold lines and clean aesthetic create the ideal setting for the pursuit of individual passions and improvement of athletic performance within the fitness space.

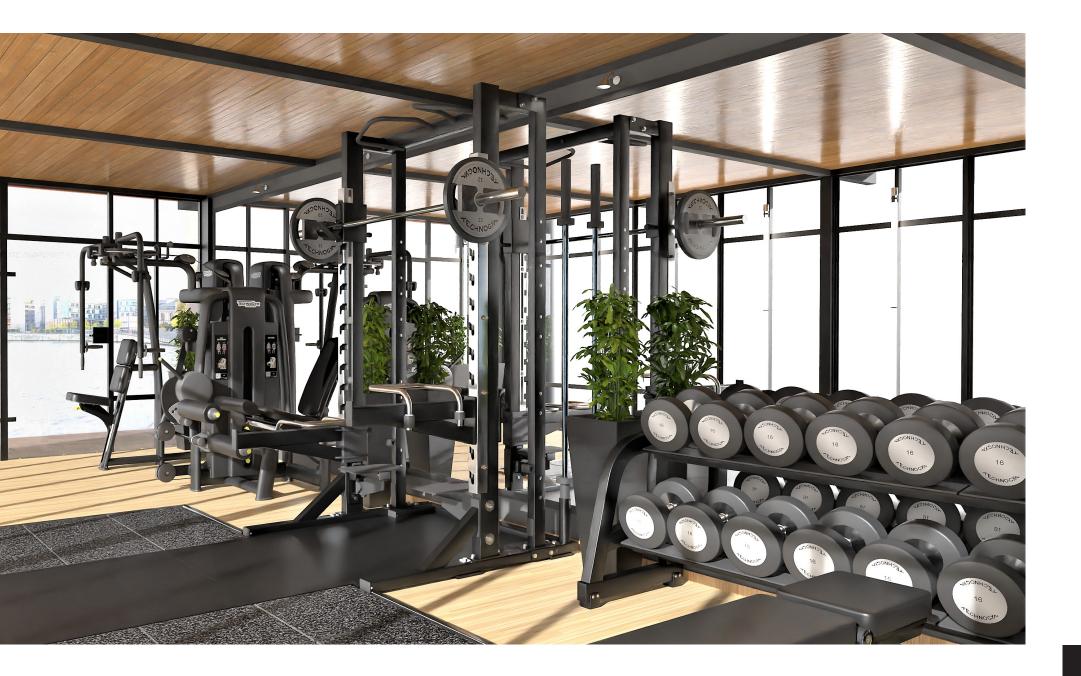






Location: Melbourne VIC Size: 60m<sup>2</sup>





### THE FAMILY HOME GYM

This project was managed by a team of architects and interior designers in collaboration with Technogym Wellness Experts to produce a newly built home.

The client's brief aimed to replicate a premium gym environment within the home. With fitness central to the daily life of the entire family, it was crucial that the space was also suitable to be used by all family members.

Following discussions with the client, our Technogym Wellness Experts were able to identify the products that would address the fitness goals of the family. A combination of Skill Line, Pure Strength, Selection 900 and Cable Station equipment were utilised for a complete cardio and strength area.



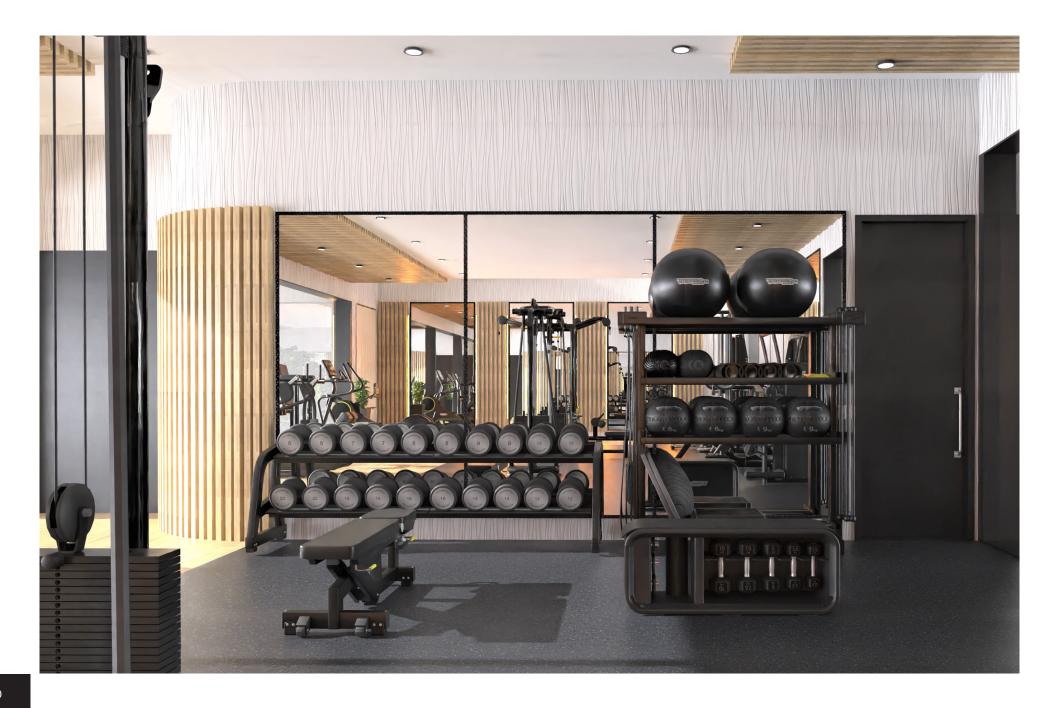


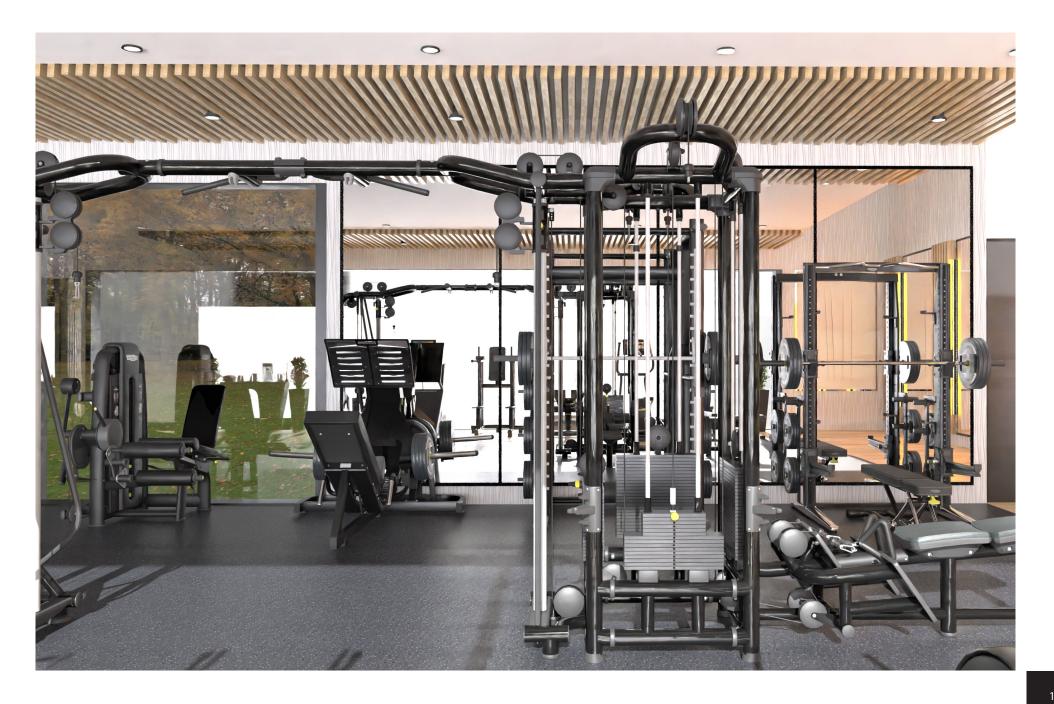


Location: Oatlands NSW Size: 120 m<sup>2</sup>



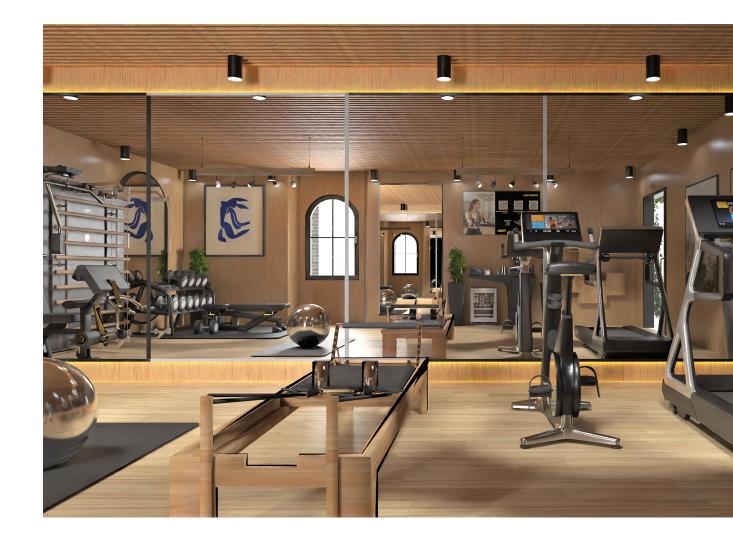


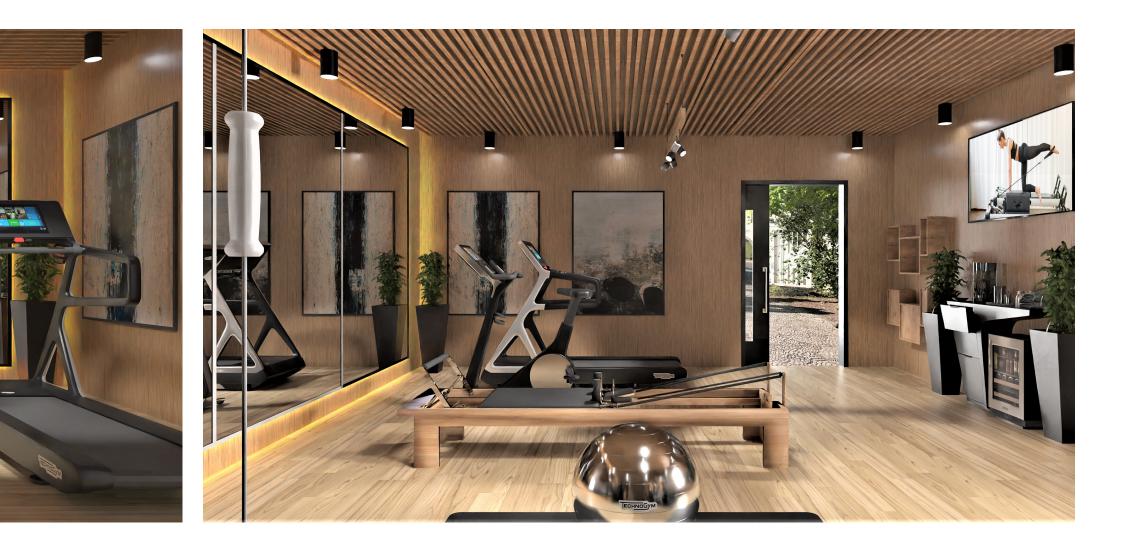




# THE DESIGNER GYM

The client sought a luxurious space to accommodate her daily workouts with her partner. The perfect combination of strength and cardio equipment were utilised within the space; including Personal Line, Unica, Kinesis and Dumbbells. The mirror-surfaced materials of the Personal range by Antonio Citterio produced perfect lighting and complimented the discreet surroundings of the space.

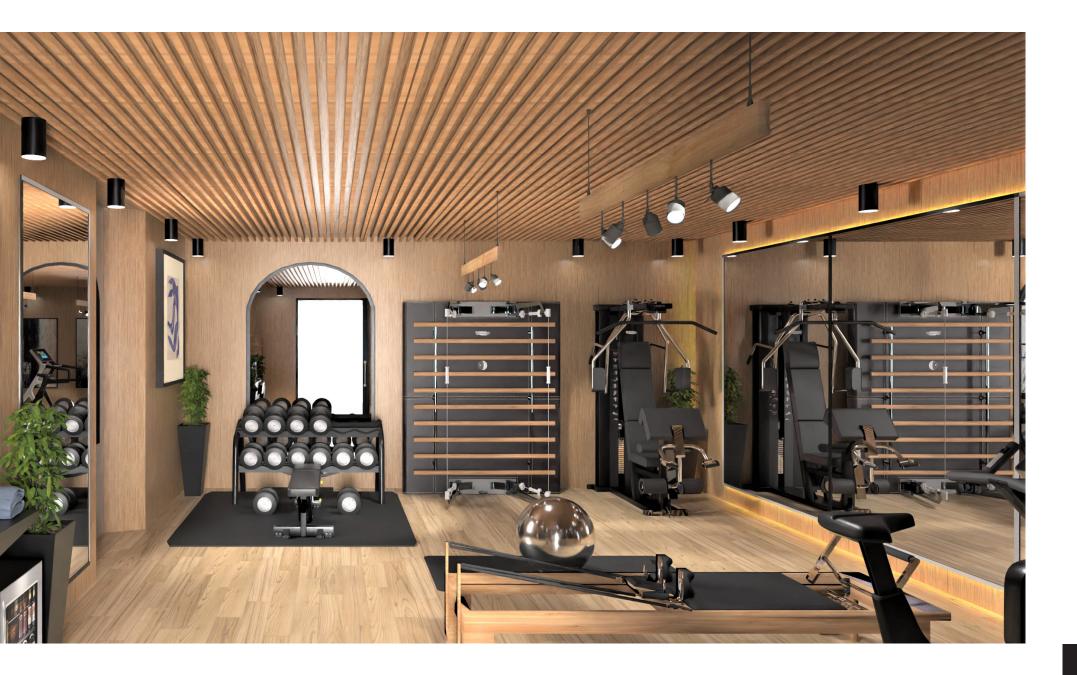






Location: Avoca Beach NSW Size: 47m<sup>2</sup>



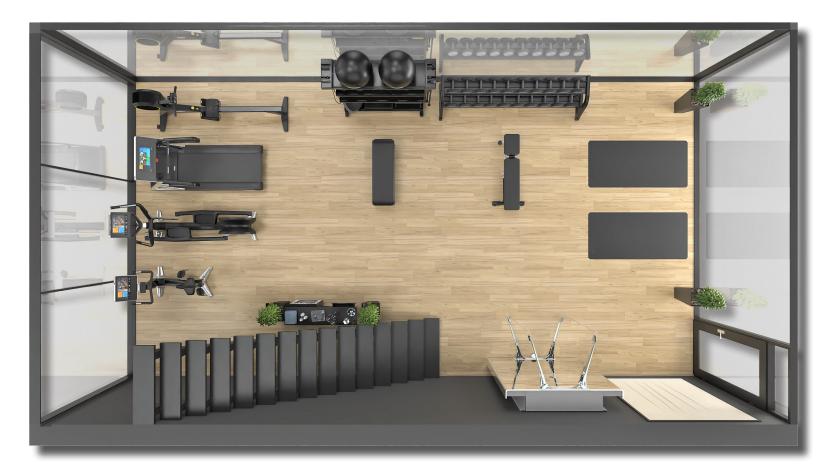






### THE WELLNESS TEMPLE

This client was a family of four that desired a fun workout space that was also somehow led by a trainer. The aesthetics was central to the creation of the space to ensure that the materials used aligned with the existing design of the environment. Technogym Wellness Experts advised on the use of the Personal Line for its premium design and materials, as well as its Live platform which would allow the client to join live sessions and track progress with Technogym Coach.



Location: Brisbane QLD Size: 54m<sup>2</sup>



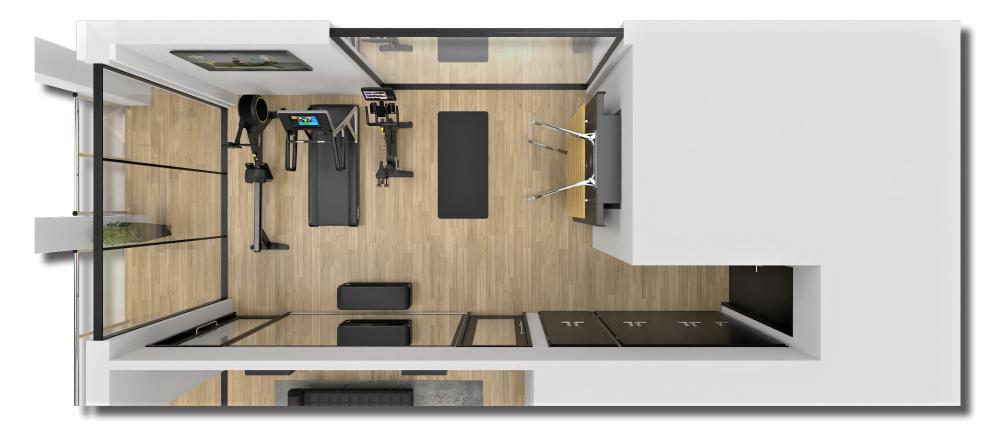




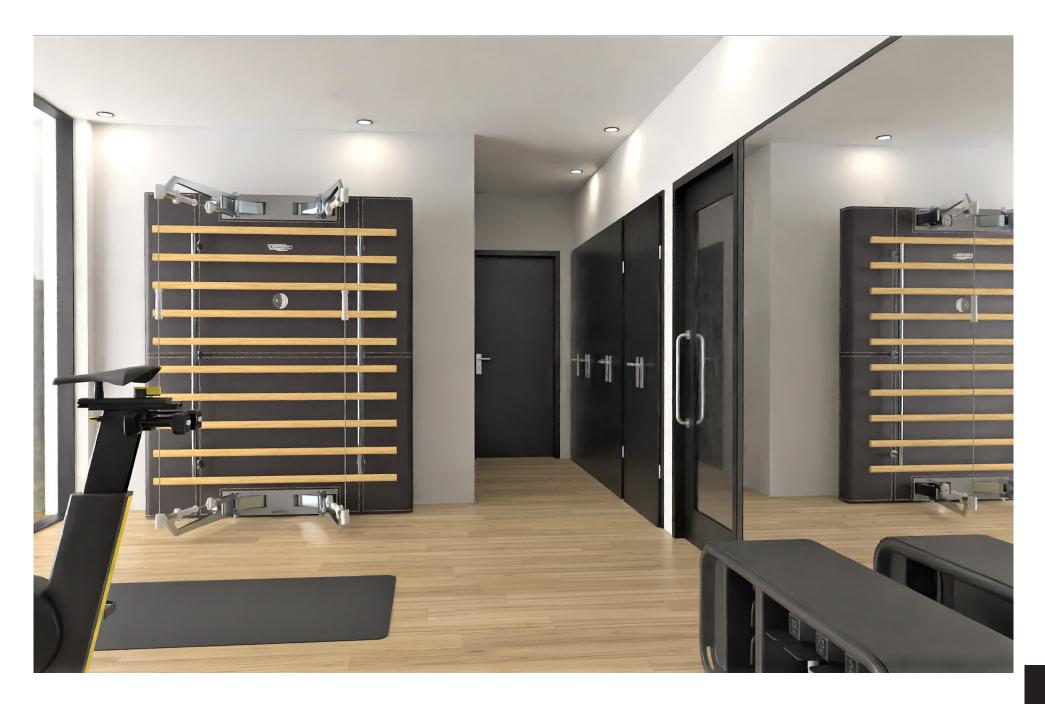
### THE HOLIDAY HOME

Beautiful holiday home in Palm Beach. The client was looking to fill up the space of an empty room with Italianmade equipment that matches the wooden floors and material of the house.

The owner's training routine was mostly cardio along with some functional training. A mixture of Personal Line, Kinesis and Skill Line was recommended from the Technogym Wellness Expert.



Location: Palm Beach NSW Size: 24m<sup>2</sup>



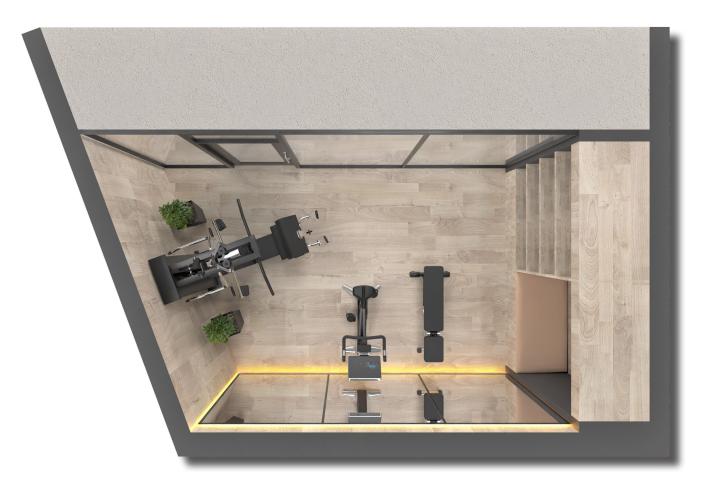




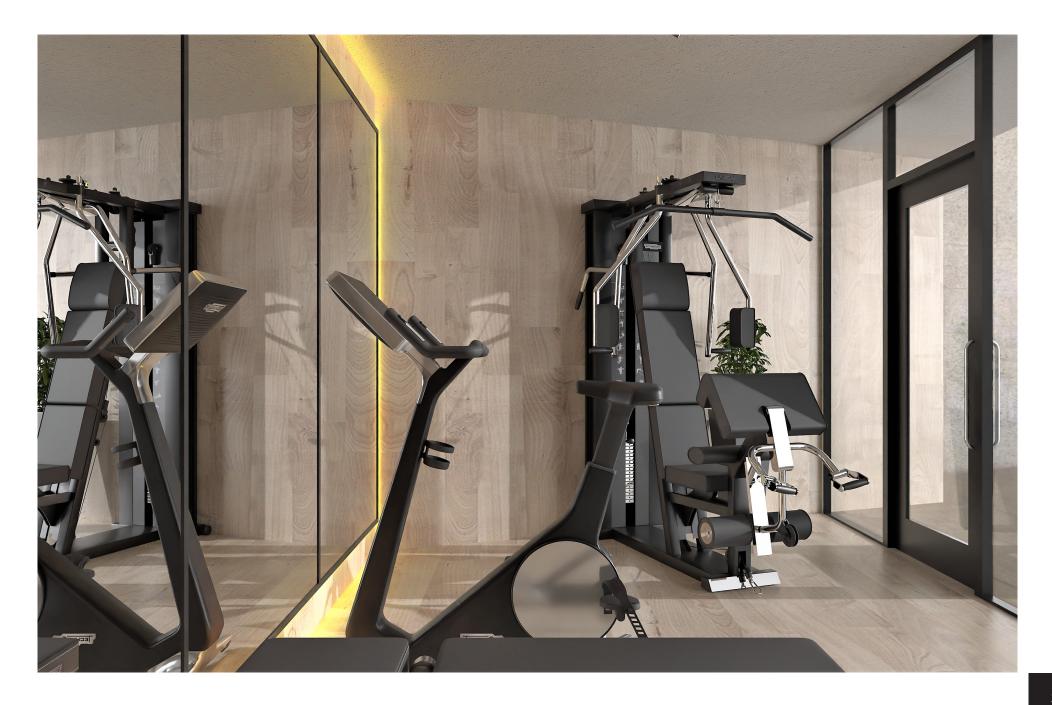
### THE GARAGE CONVERSION

This client's garage was an empty space that he previously used as a storage space. He therefore decided to take advantage of the space by converting it into a "de-stressing room" where he could park his car in after work and train before enjoying family time.

Despite the small size of the space, we utilised top-end products such as Unica and Personal line to create a harmonious combination of cardio and strength equipment, surrounded by the tranquility of the wooden finishes.



Location: Bellevue Hill NSW Size: 15m<sup>2</sup>



# THE LUXURY BEDROOM

This bedroom layout allowed for only two pieces of equipment. The client, advised by Technogym Wellness Expert, opted for Kinesis Personal, allowing hundreds of exercises to improve strength, flexibility and balance. Run Personal, featuring Technogym Live platform, includes live sessions, virtual training routines and outdoor immersive experiences.





# THE SMART BEDROOM

Given the limited space available, MyRun and Technogym Bench is all the client needed in his own bedroom for a daily routine of strength and cardio training.

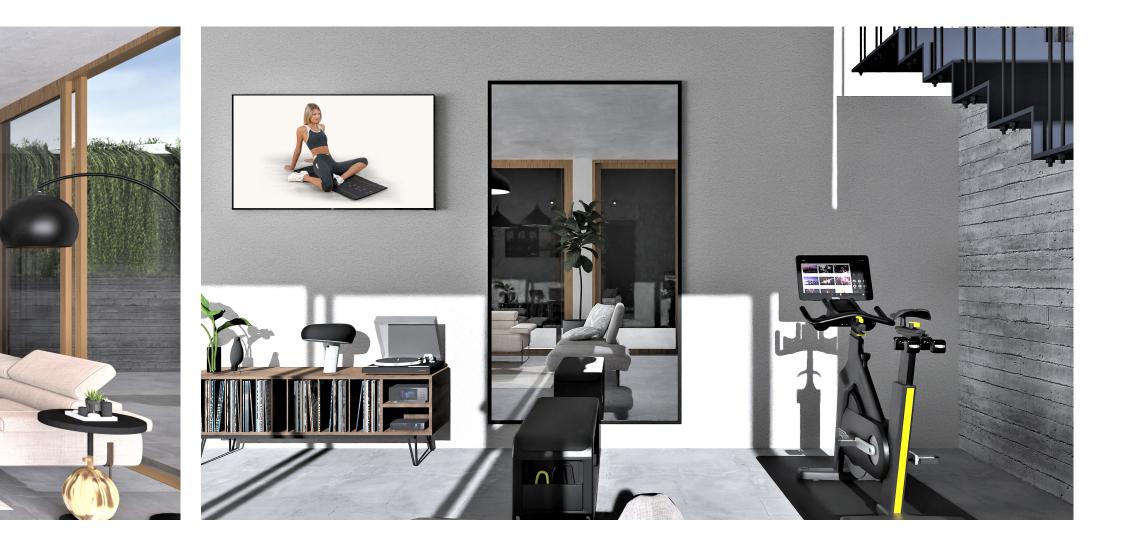




# THE APARTMENT GYM

The client didn't have a dedicated space for a home gym so she opted for equipment that could work well within the living room space. The client also has a Technogym App subscription and can therefore play workouts from the TV to do on the Technogym Bench.



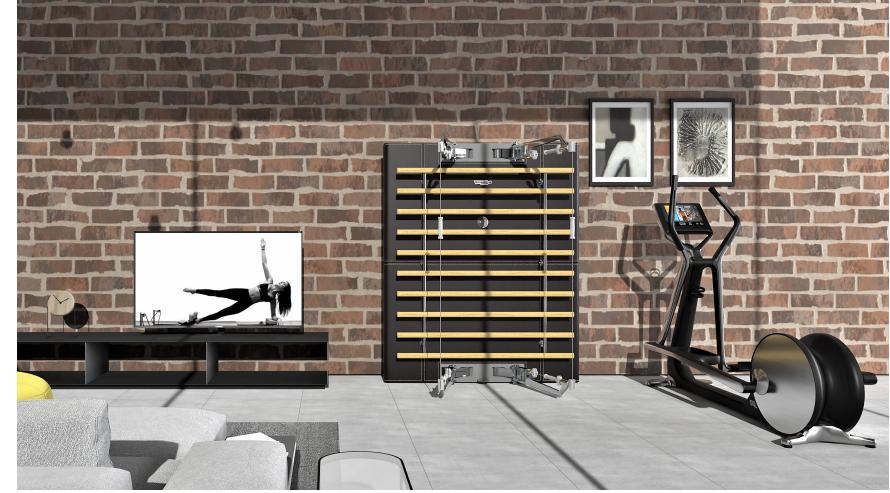


# THE STUDIO LIVING

This an artist studio in the Victorian countryside. The client was seeking equipment that would complement the furniture and the living space. Technogym Wellness Consultant recommended Personal Line from Antonio Citterio; true objects of elegance and fine lines that enhance interior design.







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# HOME WELLNESS COLLECTION

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TECHNOGYM

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